

## JUNIOR LEVEL

### Matching

Match sentence fragments in Column A with those in Column B to make complete sentences.

Column A	Column B
1. Experts warned of the dangers	A. neck muscles and even the spine.
2. A common mistake is tilting	B. associated with the use of mobile phones.
3. This posture could damage	C. the head when using the phone.
4. They pointed out a worrying trend of	D. more young people needing physiotherapy.

1. \_\_\_\_ 2. \_\_\_\_ 3. \_\_\_\_ 4. \_\_\_\_

**ADVANCED LEVEL**

**A. Fill in the blanks**

**Please complete the table below:**

Warning	About the health risks of the 1. _____ use of mobile phones.
Figures	One fifth of new physiotherapy patients in Kowloon Central reported 2. _____ and 30 percent of them were 3. _____ or below.
Main cause	4. _____ the head down for prolonged periods.
Remedy	Kenneth Leung Ka-lun, a 5. _____, advised people to change their 6. _____ from time to time when using the mobile phone.

News in Liberal Studies worksheet  
24 April, 2017

## **B. CRITICAL THINKING**

1. How much time do you spend using your mobile phone every day?
2. Do you tilt your head down when using a mobile phone?
3. What are some of the health problems related to mobile phone use?
4. Do you feel pain in the neck or shoulders?
5. Do you know how to avoid injuries from mobile phone use?

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**[Answers]**

**Junior level**

1. B; 2. C; 3. A; 4. D

**Advanced level**

A. Fill in the blanks

1. frequent; 2. neck pains; 3. 40 years old; 4. tilting; 5. senior physiotherapist; 6. posture