

## **JUNIOR LEVEL**

### **True, False, or Not Given**

**State whether the sentences below are true (T), false (F), or not given (NG).**

1. The subjects of the study were asked to stand for three hours. \_\_\_\_
2. They were told to tap both their feet while standing. \_\_\_\_
3. The scientists were surprised by the finding of the study. \_\_\_\_
4. The study found fidgeting benefits health. \_\_\_\_

**ADVANCED LEVEL**

**A. Fill in the blanks**

**Please complete the table below:**

Study topic	The effect of leg 1. _____ on blood flow.
Subjects	Eleven healthy 2. _____ students.
Experiment	The students were asked to keep 3. _____ one foot while keeping the other 4. _____.
Findings	The fidgeting leg had a much higher 5. _____. Even mild movements can 6. _____ vascular health.

## **B. CRITICAL THINKING**

1. Can you sit still?
2. Why do you think people fidget?
3. Do you think that people are impatient or nervous when they fidget?
4. Would fidgeting, like tapping your feet or playing with a pencil, annoy others?
5. Are there ways to stop ourselves from fidgeting?



News in Liberal Studies worksheet  
03 October, 2016

**[Answers]**

**Junior level**

1.F; 2.F; 3.T; 4.T

**Advanced level**

A. Fill in the blanks

1.fidgeting; 2.college; 3.tapping; 4.still; 5.blood flow; 6.stimulate