

## **JUNIOR LEVEL**

### **True, False, or Not Given**

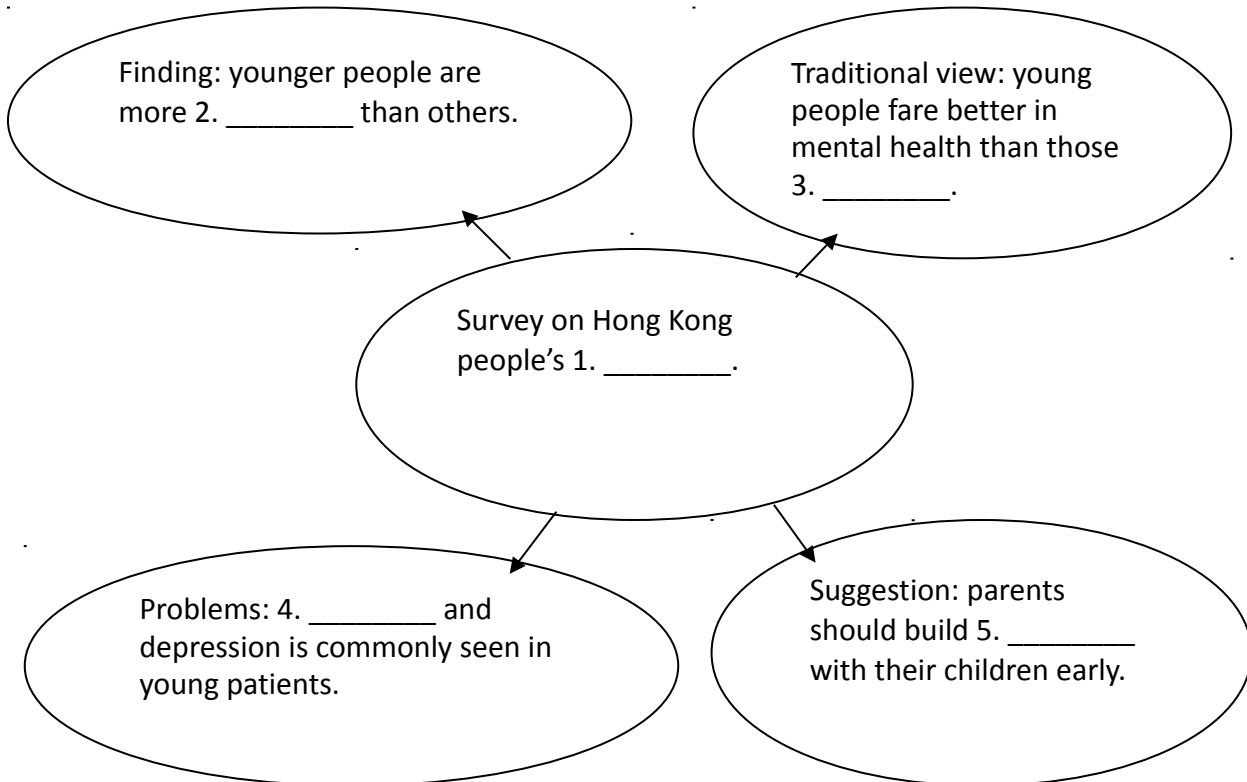
**State whether the sentences below are true (T), false (F), or not given (NG).**

1. A quarter of Hongkongers have no one to talk to when they are depressed. \_\_\_\_
2. Traditionally, working people's mental conditions are worse than youngsters'. \_\_\_\_
3. The survey found more young people are having psychological issues these days. \_\_\_\_
4. Academic pressure was cited as one of the causes of distress in students. \_\_\_\_

**ADVANCED LEVEL**

**A. Fill in the mind map**

**Please complete the mind map below:**



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## **B. CRITICAL THINKING**

1. Have you ever felt depressed?
2. What are the causes of your distress?
3. How do you deal with such negative emotions?
4. Would you talk to someone when you are depressed or sad? Who would you talk with?
5. Do you know how to maintain a positive attitude in life?



News in Liberal Studies worksheet  
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**[Answers]**

**Junior level**

1. T; 2. T; 3. T; 4. T

**Advanced level**

A. Fill in the mind map

1.mental health condition; 2.distressed; 3.in the workforce; 4.anxiety disorder; 5.close bonds